

breakfast



toast with butter & housemade jam sourdough/multigrain/fruit toast/gluten free	8
bircher muesli oats, muesli, grated apple & sultanas, natural Greek yoghurt, topped with chia, goji & almonds + top with fresh fruit salad	15 +5
acai berry bowl (vegan) granola, acai, chilled banana, raspberries, blueberries blackberries, coconut water topped with fresh fruit seeds, berries, nuts	20
smoked salmon toasted bagel cream cheese, capers, dill, avocado & rocket	18
french toast crispy bacon, maple syrup, pistachio crumb + top with vanilla bean ice cream	17 +3
smashed avo over toasted multigrain sourdough with meredith goats cheese, green peas, cherry tomatoes, pistachio crumb, kale, beetroot pesto + a poached egg	19 +3
charcoal breakie burger fried egg, bacon, hash brown, rocket, onion & beetroot relish, yoghurt sauce in a toasted black burger bun	20

"yoga boy" omelette (vegetarian)
egg whites, kale, spinach, cherry tomato & broccolini
sourdough
+ add grilled chicken

mediterranean omelette (vegetarian)
feta, basil, cherry tomato, baby spinach, sourdough

db eggs Florentine
stacked on an english muffin w/ sautéed spinach, bacon
2 poached eggs drizzled with hollandaise
/swap for smoked salmon

"the hangover" breakie
2 eggs the way you like them over sourdough, spiced baked
beans, grilled tomato, bacon & mushrooms

eggs on sourdough
2 eggs – the way you like them

sides

spiced baked beans/grilled tomato/mushrooms/spinach/
hollandaise/hash brown/ ½ avocado/bacon/ham/smoked
salmon/feta/meredith goats cheese

22
+5

22
26

25

12

5ea

fresh cold pressed juice

small 10 large 12

<u>oj</u>	classic orange juice	
<u>green</u>	apple, orange, lemon, spinach, celery, mint	
<u>celery</u>	straight up celery	
<u>bling</u>	carrot, ginger, turmeric, apple, orange, lemon	
<u>kickstarter</u>	pineapple, orange, watermelon, mint	
<u>high shot</u>	AMAZING booster turmeric, ginger, lemon, manuka, cayenne, apple	8.5
	<u>Have on its own or add to your juice!</u>	

smoothies

small 10 large 12

acai (vegan) coconut water/banana/mixed berries chia coconut flakes	
choc-peanut butter (vegan) banana/dates chia/almond milk	
blueberry vanilla protein (vegan) almond mylk/plant based protein	
mango (vegan) chilled banana, passionfruit, oj, coconut mylk	
mixed berry mixed berries chia/honey/coconut water/natural yoghurt	
banana chilled banana/honey/vanilla bean ice cream/milk	
	/add vegan vanilla protein +1
	/add chilled banana +1

milkshakes

small 7 large 9

chocolate / vanilla / hazelnut / caramel / strawberry

lunch



gazpacho, cold tomato soup with toasted baguette	12	'db' beef brioche burger lettuce, tomato, cheese, house aioli + a fried egg 3	22
soft shell tacos(2), slaw, sriracha mayo /crumbed chicken /coconut crusted prawns	19 22	crumbed chicken burger coleslaw, cheese, sriracha mayo, charcoal bun + a fried egg 3 // + bacon 3	23
marinated beef meat balls w/aioli	21	chicken stirfry wok tossed seasonal vegetables, roasted cashews, mild chilli sauce & steamed jasmine rice	25
vegan bowl avocado, rocket, cherry tomato, green peas, cucumber onion, quinoa, asian dressing + sriracha tofu popcorn 5 / + moroccan chicken strips 7	19	[veg option 23] db padthai sliced chicken fillet, wok tossed fresh seasonal vegetables, rice noodles, chili tamarind sauce, egg, finished off with fresh bean shoots & crushed roasted peanuts	25
roast pumpkin & grilled tomato salad w/ kale, rocket, creamy vegan dressing	21	[veg option 23]	
shredded chicken salad, slaw, spring onion, asian dressing	24	polenta chips (vegan) fries wedges	12 9 10
warm salmon salad grilled salmon fillet, avocado, mixed leaves, red onion cucumber, tomato wedges, feta, olives	28	* ask for house aioli/house mayo/house sriracha mayo/ ketchup/sweet chilli & sour cream	

drinks

remedy kombucha ginger&lemon / raspberry lemonade	6
Australian pure spring water	5
beyond coconut water	5
san pellegrino sparkling 250ml/500ml	5/7
lemonade/blood orange/soda coke/diet/no sugar	5
coffee – the way you like it babycino - always free for the little bubbas	4/5
prana chai/matcha latte	5.5
golden turmeric latte w/ coconut milk	5.5
iced coffee/chocolate/mocha /with ice cream & whipped cream	8
<i>T2 tea</i> english breakfast/earl grey/lemongrass & ginger chamomile/green/chai/china jasmine/mint	4

all day menu

check out our display cabinet for freshly made sandwiches, wraps, spanakopita, quiches & desserts



please use QR code to check in, alternatively ask us to do so manually // we appreciate your understanding that not all changes to the menu can be accommodated // please inform us of any allergies or dietary requirements – we do our best but cannot guarantee prior to our kitchen nothing has come into contact with any traces of allergens // 15% surcharge applies on public holidays